

Certain Issues

The 'certain issues' that I am referring to are things like:

- Does your teenager seem to be stressed or distressed a lot of the time? AND/OR
- Do stressful situations seem to cause your teenager to experience a higher level of stress than most teenagers would experience in those same situations? AND/OR
- Does your teenager seem to get stressed, distressed, or very annoyed about things that you wouldn't expect them to? AND/OR
- Does your teenager seem to have emotional reactions that you consider to be extreme in the circumstances, such as uncontrollable sobbing, or self-harming, or even behaviour that could be interpreted as inappropriate, such as shouting, swearing, destroying property, hitting or kicking objects, or even people? AND/OR
- Does your teenager seem to be suffering from 'anxiety' and/or 'depression'? AND/OR
- When your teenager becomes stressed, distressed, or very annoyed about something, does it seem to take them a lot longer to 'get over it' than you would expect? AND/OR
- Does your teenager often seem to get into fights and/or disagreements with other teenagers? AND/OR
- Does your teenager seem to have difficulty making and/or keeping friends, and/or finding a friend who is on their wavelength, and really 'gets' them? AND/OR
- Does your teenager avoid social interaction? AND/OR
- Does your teenager avoid going out and about? AND/OR
- Does your teenager have difficulty coping with simply being at school? AND/OR

- Does your teenager seem to have difficulty with their schoolwork, and is this causing them distress? AND/OR
- Does your teenager do things, and/or say things, that seem odd to you, and/or that you find concerning?
- Does your teenager seem to be displaying one, some, or all of the above issues, even if they did NOT seem to have such issues when they were a younger child?

If you are a teenager or an adult who is reading this page because you are wondering if you might be Autistic, when reading the above dot points, replace the phrase “Does your teenager”, with “Do you”.