

Phone Numbers & Websites You Might Need:

- Mental Health Triage (if a teenager is experiencing a mental health emergency): **13 14 65**
(Teenagers or their parents can phone this number)
- Kids Help Line: **1800 55 1800**
(Teenagers or their parents can phone this number)
- Lifeline Australia: **13 11 14**
(Teenagers or their parents can phone this number)

If you wish to seek an ASD assessment, or other assistance, through the:

Public Health System:

- Child and Adolescent Mental Health Service (CAMHS)
Website: **www.wchn.sa.gov.au/our-network/camhs**
- Women's and Children's Hospital (WCH) Child Development Unit (CDU)
Website: **wch.sa.gov.au**, then search "Child Development Unit"

If you wish to seek an ASD assessment, or other assistance, through:

Autism SA:

Website: **autismsa.org.au**

Telephone: **1300 288 476**

If you wish to apply for funding through the:

National Disability Insurance Scheme (NDIS):

Website: **ndis.gov.au**

Telephone: **1800 800 110**

If you wish to apply for:

Carer Payment and/or Carer Allowance:

Services Australia (i.e., Centrelink) website: **servicesaustralia.gov.au**

Telephone (Centrelink's 'Disability, Sickness and Carers' line): **132 717**

If you are seeking helpful information for Carers, especially regarding the NDIS:

MyCareSpace website: **mycarespace.com.au**